



ALL ROADS LEADS TO ROME

The challenge starts now and runs throughout August. Everything counts - walking, standing, and cycling.

Competition

As part of the OfficeFit competition, "Become a Game Changer," where the focus is on registering the most in the app during the month of August, we are going to ROME in the app

There are 2 standing mats from Matting up for grabs, so make sure to record all activity.

Rules

Active hours count, not kilometers, so you participate just as much in the competition if you record your standing time as when you cycle.



Go into the OfficeFit app or
online: www.app.officefit.dk



Register your activity
under "My Activity"



Scroll down to "Join Challenge"
and select the challenge. "all
roads leads to Rome"