

Tour de France 2023

Let the competition begin - Bike, stand, walk against this year's Tour riders. Who will reach the finish line first? Maybe by starting a little early?



THE RULES:

REMEMBER: Link your activity to the corresponding stage when registering it in the OfficeFit app. Everything counts, whether it's walking, standing, or cycling.

HEY: Haven't you logged into our app yet? Go to app.officefit.dk or download our app and log in. If you have forgotten your login details, click on "Forgot password" to receive a new code. If it doesn't work, please contact us at motivation@officefit.dk, and we'll be ready to assist you!

Start: NOW - you will receive an invitation in your email, so you know that you are in the game.

End: When all 21 stages are completed.

Route: 21 stages with distances and final destinations matching this year's Tour de France.

You will receive an email each time a stage ends and when a new one begins.

So, get on your "bikes" and spread good colleague karma!



OFFICEFIT
STAY ACTIVE WHILE WORKING