

LIGHT UP CHRISTMAS IN MAJOR DANISH CITIES.

OfficeFit invites you to a cross-company challenge! We're offering 3 kg of chocolate to the first company to reach the finish line.

Challenge details are in the OfficeFit app under "My Activity." Look out for an email at the challenge start on December 4th and when the first team finishes.

Rules for the competition

All activity during work hours counts – walking, standing, and cycling.

Steps recorded with a step counter can be converted using the formula $1500 \text{ steps} = 1 \text{ km}$.

All companies/departments that wish to participate are invited to the same challenge, so the number of participants on each registered team may vary.



Access the OfficeFit app or visit www.app.officefit.dk.



Record your activity under 'My Activity'



oversættes til engelsk som "Scroll down to 'Join Challenge' and select the current challenge.