

RACE ACROSS GERMANY

The challenge starts now and runs throughout August. Everything counts - walking, standing, and cycling.

Competition

As part of the OfficeFit competition, "Become a Game Changer," which is all about registering the most activity in the app during the month of August, we have a challenge to cross Germany!

There are 2 standing mats from Matting up for grabs, so make sure to record all your activities.

Rules

Active hours count, not kilometers, so you participate just as much in the competition if you record your standing time as when you cycle.





Go into the OfficeFit app or online: www.app.officefit.dk



Register your activity under "My Activity"



Scroll down to "Join Challenge" and select the challenge: "Race across Germany"

