



24 hour activity

The challenge starts _____

Everything counts: standing, biking and walking

You will receive an invitation in your mail

Are you not at the OfficeFit app yet



go to web and type: app.officefit.dk
or download our app.
Press forgot password. You will now
receive a mail

Remember to register
at the challenge



Go to the app or
app.officefit.dk



Register your activity
under "my activity"



Scroll down an "Attach
challenge" and choose the
challenge "24 hour activity"



OFFICEFIT
STAY ACTIVE WHILE WORKING